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Although Crystal Stokes has long and extensive experience in the healing arts, counseling, and coaching including a Master's degree in psychology, and is a certified exercise medical specialist, she is not licensed in the State of California as a physician, psychologist, or other licensed health care provider, nor are her services licensed in the State of California. Ms. Stokes strongly advises that you seek professional advice as appropriate before making any health decision.

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I certify that I have received this information and agree with its content.

Date: _____

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